

Our purpose is Pupil Achievement  
and Pupil Development



## Managing behaviour and dealing with bullying

An information guide for  
mothers, fathers and carers

What to do if your child is bullying or  
not behaving in an acceptable way

Work with the school so that a plan of  
action for home and school can be  
worked out.

It may take some time.

You may need help outside of school to  
help work out the reasons why such  
behaviour is happening.

**This guide is part of the Behaviour  
Policy of Trafalgar Infant School.**

Other related documents include:

Acceptable usage agreement—TIS  
Inclusion Policy — TIS  
Inclusion Leaflet for Parents — TIS  
Managing behaviour and dealing with  
bullying—An information guide for staff — TIS  
Equalities Policy— TIS  
Anti-Bullying Strategy — LA  
Online Safety policy—TIS

Positive behaviour management  
A five step approach

- Make sure the children understand **exactly** what is required—even if you sound like a parrot!
- **Teach** them how to behave and respond the way you would like them to—and remember **telling** is not the same as **teaching**.
- Reward the things that they do right—and ignore some of the not so right!
- Treat the **reason** for bad behaviour and not just the behaviour (but don't ask 'Why did you do it?' They won't be able to answer).
- If you lose your temper or you get it wrong—say sorry (remember **everybody** has bad days!).

## What the school does

We ensure that the school is a safe place for children and that they are supervised by adults who know what to do about unacceptable behaviour and bullying including cyber-bullying.

We implement systems and procedures to prevent unacceptable behaviour and bullying through our behaviour policy and our e-safety policy and AUA's.

When we see or hear of children in distress we will listen and act, putting the policies and procedures into practice.

Disapproval and action will be directed at the behaviour and not the child.

We teach children to be positive towards each other.

The Executive Headteacher, Lynne Thompson, is responsible for ensuring that unacceptable behaviour and bullying is always confronted.

Unacceptable behaviour includes such things as: name calling, swearing, physical aggression, racial abuse, excluding, frightening, play-fighting, cyber-bullying and threatening. Not all unacceptable behaviour is bullying.

**'Definition of Bullying. A person who habitually seeks to harm or intimidate those whom they perceive to be vulnerable.'**

Bullying is not when children fall out or don't get on with one another.



## What you can do

- Talk to your child about the Golden Rules and e-safety rules and make it clear you expect the rules to be followed.
- Don't encourage your child to hit back—it only makes matters worse.
- Remember that your child is very young. Always try to find out the full facts of any incident.
- Talk to your child about using social skills such as compromise and negotiation rather than force or threats. In school they learn to give a visual sign—to hold a hand up in front of themselves, palm facing the other person or child—and say 'Stop, I don't like it'. This is clear and assertive.
- Do remind your child to tell an adult in school straight away if they are upset.

## What to do if your child is unhappy about behaviour or bullying at school

Come in to school to talk to us in private. This avoids any possibility of a confrontation developing in the playground. We can then work out a plan together.