

## Trafalgar Infant School: PE Curriculum Overview

Subject	Intent	Implementation	Impact
<p><b>Physical Education</b></p> <p><i>Skills:</i></p> <ul style="list-style-type: none"> <li>• Running</li> <li>• Jumping</li> <li>• Throwing</li> <li>• Catching</li> <li>• Balance</li> <li>• Agility</li> <li>• Co-ordination</li> <li>• Team games</li> <li>• Tactics for attacking and defending</li> <li>• Dance</li> </ul>	<p>The curriculum will ensure children will be able to:</p> <ul style="list-style-type: none"> <li>• feel self-confident and have another outlet for expressing feelings</li> <li>• grow well and be strong and fit</li> <li>• be given the information they need to lead healthy, active lives</li> <li>• plan, practise and present</li> <li>• work co-operatively with others</li> <li>• control and manage their bodies in challenging situations</li> <li>• develop strength and flexibility</li> <li>• begin to develop a sense of fair play</li> <li>• be aware of the effects of exercise on their bodies</li> </ul>	<p>The physical education overview outlines what is covered in each year group and how the subject is sequenced. Knowledge and skills progression for PE is taught through the Rawmarsh and Matalan schemes of work, which cover the national curriculum objectives.</p> <p><b>Lessons include:</b></p> <p>During the Early Years Foundation Stage and at Key Stage 1 children:</p> <ul style="list-style-type: none"> <li>• Find out what they can do as they explore a range of basic skills, actions and ideas, such as balancing, running, jumping and turning, throwing or kicking a ball and responding to music in dance.</li> <li>• Learn to practise by repeating what they have done in ways that make it better, more controlled, effective or expressive.</li> <li>• Use movement imaginatively to communicate ideas and feelings.</li> <li>• Respond to a variety of stimuli – music, stories, DVDs, dance workshops and computer software.</li> <li>• Watch, copy and describe what they and others have practised, to build their awareness of how to improve the way they move.</li> <li>• Recognise that their bodies feel different when they run short or longer distances, move slowly or suddenly, and lift heavy objects or float in water.</li> <li>• Learn to use space safely when they work alone and with others, showing increasing control over their movements.</li> </ul> <p><b>Our Y2 children all take part in a 6 week block of swimming lessons</b></p> <p><b>Children also have the opportunity to attend intra and inter school activities:</b></p> <ul style="list-style-type: none"> <li>• Whole school challenges</li> <li>• Sports day</li> <li>• Borough gymnastics festival</li> <li>• Borough dance festival</li> <li>• Sports day with local schools within borough</li> <li>• Year 2 to Waldegrave Secondary School- <i>Topslink</i></li> </ul>	<p><b>Assessment includes:</b></p> <ul style="list-style-type: none"> <li>• pupil self-assessment</li> <li>• on-going assessment of prior and present knowledge during lessons with teachers adapting planning as required</li> <li>• assessment criteria within the planning support teachers assessing where the children are with their learning</li> <li>• AFL from teachers during lessons to formatively assess attainment and progress across each block (sport) taught.</li> <li>• Pupils and teachers watching recording of lessons to assess and develop skills0</li> </ul> <p><b>Monitoring:</b></p> <ul style="list-style-type: none"> <li>• on-going check-ins between subject leads and teachers</li> <li>• regular monitoring by SLT and subject leads on a timetabled cycle</li> </ul>

		<p>Staff include kinaesthetic activities within their class based teaching.</p> <ul style="list-style-type: none"><li>• A software programme called '5 a day fitness' is used in the EYFS.</li><li>• Websites 'Go Noodle' and 'Cosmic Kids Yoga' are used in KS1 as a progression from '5 a day fitness'.</li><li>• During lunch breaks children have the opportunity to take part in structured play activities.</li><li>• During playtimes there is a range of equipment for the children to use to encourage active play (e.g. skipping ropes, space hoppers, trim trail, climbing frame)</li></ul> <p><b>Timing:</b></p> <ul style="list-style-type: none"><li>• taught twice weekly</li><li>• One session is held on our school field at Meadway</li></ul>	
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