



PE Overview

	Autumn 1 and 2	Spring 1 and 2	Summer 1 and 2
Year 1	<p>Games - throwing and catching Gymnastics - holding a balance</p> <p>Games - travelling and sending Dance - movement patterns</p>	<p>Games - development of small games Dance - working in pairs</p> <p>Games - striking and fielding Gymnastics - balance</p>	<p>Athletics - team games Gymnastics - large apparatus</p> <p>Athletics - engage in competitive activities Dance - to perform and evaluate</p>
Year 2	<p>Games - ball skills Gymnastics - balance, landing, jumps, leaps & turns</p> <p>Dance - circles Games - striking and fielding</p>	<p>Gymnastics - large apparatus Games - ball skills: sending and receiving (hands and feet)</p> <p>Dance - structuring sequences of actions (The Great Fire of London) Games - net games</p>	<p>Gymnastics - shape and travel, partner work. Athletics - walking & jogging, jumping & throwing</p> <p>Games - team games, ball skills</p>