

PSHE Overview

	Autumn 1 and 2	Spring 1 and 2	Summer 1 and 2
EYFS	Being Me in My World 'Who am I and how do I fit?' Celebrating Difference Respect for similarity and difference. Anti-bullying and being unique	Dreams and Goals Aspirations, how to achieve goals and understanding the emotions that go with this Healthy Me Being and keeping safe and healthy	Relationships Building positive, healthy relationships Changing Me Coping positively with change
Year 1	Being Me in My World 'Who am I and how do I fit?' Celebrating Difference Respect for similarity and difference. Anti- bullying and being unique	Dreams and Goals Aspirations, how to achieve goals and understanding the emotions that go with this Healthy Me Being and keeping safe and healthy	Relationships Building positive, healthy relationships Changing Me Coping positively with change
Year 2	Being Me in My World 'Who am I and how do I fit?' Celebrating Difference Respect for similarity and difference. Anti- bullying and being unique	Dreams and Goals Aspirations, how to achieve goals and understanding the emotions that go with this Healthy Me Being and keeping safe and healthy	Relationships Building positive, healthy relationships Changing Me Coping positively with change

Trafalgar Schools Federation Follow Jigasw PSHE scheme